

# OASIS AQUATICS

## COTTON CANDY BOWL ABC

### Short Course Swim Meet Metro Committee

**SANCTIONED BY: SOUTHERN CALIFORNIA SWIMMING**

**SANCTION #: 06-196**

**MEET HOST: OASIS AQUATICS**

**ENTRIES DUE: MONDAY, October 2, 2006**

**DATE OF MEET: October 14-15, 2006**

**WARM-UP: Morning Session 7:30 A.M.**

**MEET STARTS: Morning Session 9:00 A.M.**

**Note: Afternoon Session will not start before 12:30 P.M.**

**OASIS WILL LIMIT THE MEET TO COMPLY WITH THE 4 HOUR RULE — MAIL EARLY  
MAXIMUM 5 INDIVIDUAL EVENTS PER DAY**

**POOL DIRECTIONS:** Eastside Pool, 45045 Fifth Street East, Lancaster, CA. From the south take Antelope Valley Freeway (14) north to Avenue I exit. Turn right on Avenue I. Head east to Fifth Street East. Turn right. Head south 1/4 mile. Pool is on the right. Parking is available next to the pool.

**COURSE:** EASTSIDE POOL is an indoor 25 yard pool with seven (7) swimming lanes and two (2) lanes for warm-up and warm-down.

**HOST NOTES:** OASIS Aquatics will supply a full service snack bar that will be available throughout the competition. Come hungry!

**MEET REFEREE:** The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person.

**WARM UP RULES:** Swimmers warming up or down before, after, or during the meet shall be under the direct supervision of a USA member coach. No equipment allowed in the pool at any time during the meet. There will be no diving into the pool at any time during warm ups except in designed sprint lane(s) when announced each day. Swimmers misusing the warm up pool will be removed at the discretion of the Marshal. Warm up rules will be announced and posted.

**RULES:** USA swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this entry form. See SCS 2006 Swim Guide. Swimmers must swim in their actual Age Group as determined by age on the first day of the meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed a swimmer may not check in or scratch. Swimmer in the first two events of each session **must check in at least 30 minutes prior to the start of that session**. In SCS age group events a swimmer's suit may not extend beyond the acromial process (the Shoulder) or the patella (knee-cap.) **8&under swimmers must choose to swim as 8&under or 10&under, not any combination thereof. Open events may be entered by swimmers 11-yrs and older who have achieved the 11-12 "A" time for that event. A swimmer may swim an open event only once. 2006 Seasonal USA Swimming members must register for 2007 to compete in this meet.**

**ELIGIBILITY:** Open to all Metro Committee Athletes who hold a current 2006 or 2007 registration card. A swimmer's USA Swimming registration application must be received by the SCS office or the meet host prior to the first day of the meet. Registration application may be submitted together with the entry form. There are substantial penalties to swimmers and Club if registration is completed at meet (See SCS Swim Guide, Part one, III, B).

**CHANGE OF AFFILIATION:** Before the meet a swimmer may change his/her affiliation by submitting a Change of Affiliation form and the appropriate fee to the Swim Office. At the meet a swimmer may **UNATTACH** (may not attach or reattach) by notifying the Administrative Referee and paying the fees.

**SUMMITTED TIMES:** Times submitted must be the best **RECORDED** short course yard times from this or the preceding swim season. Swimmers who have achieved "A" or "B" times in an event in long course must enter the "A" or "B" minimum time for that event. If a swimmer does not have a recorded time in the event, **enter N.T. (no time)**. Coaches and swimmers should be prepared to verify all submitted times. Falsification of times can lead to disciplinary action.

**AWARDS:** "A" DIVISION: Medals 1<sup>st</sup> – 3<sup>rd</sup> Ribbons 4<sup>TH</sup> – 8<sup>TH</sup>. "B" DIVISION: Ribbons 1<sup>st</sup> – 8<sup>th</sup>. "C" DIVISION: Ribbons 1<sup>ST</sup> – 8<sup>TH</sup>.  
Relays Ribbons 1st-3rd Heat winners: COTTON CANDY

**ENTRY PROCEDURE:** Submit one Southern California Consolidated Entry Card ("White Card") for each swimmer. Card must be completely filled out including USA Swimming registration number. Entry forms bearing a postmark LATER THAN 12:00 MIDNIGHT on Oct 2, 2006, WILL BE REJECTED. Entries will be accepted if delivered to the address below up to 8:00 PM on Wednesday, Oct 4, 2004, provided the meet has not reach capacity. NOTICE: Entries stamped with post office meter machine will be accepted if it arrives three days after the entries are due provided the meet has not reach capacity. (For example, if entry cards are due on a Monday and the envelope, stamped by a business machine arrives at the destination on Friday, it will be rejected).

**ENTRY FEE: \$2.50** for each individual event plus **\$5.50 surcharge per swimmer must accompany entry forms. \$5.00** per relay team is due when entered on deck. **No Refunds. Returned checks will incur a service fee per SCS policy.**

**Make checks payable to: SOUTHERN CALIFORNIA SWIMMING:**

**MAIL entries to: Carol Peña P.O. BOX 3215 Torrance, Ca 90510 Hand deliver entries: 413 E 212 Th St Carson Ca 90745**

**This meet will be run using Hy-Tek Meet Manager.** Teams are strongly encouraged to enter this meet using Hy-Tek disk entry; it is recommended that disk entries be submitted at least one week before the postmarked deadline. **SCS policy for electronic entry:**

#1 E-mail entry (entry. zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). #2 Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the mail entry. Failure to comply will be referred to the Board of Review. #3 Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. #4 DO NOT RESEND AN ENTRY FILE: A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

**FOR FURTHER INFORMATION CALL:** Oasis Aquatics Team Contact: Arbie Brown (661) 940-1832 or arbiebrown@aol.com

**To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.** Please use a business size envelope. **NO** certified, registered or special delivery mail will be accepted. **Receipt of entry will not be verified by phone. No on deck entries are permitted.**

# OASIS AQUATICS COTTON CANDY BOWL ABC

## Short Course Swim Meet

Metro Committee

October 14-15- 2006

**Entries Due:(Monday) October 02, 2006**

You may swim a maximum of 5 individual events per day

Warm Up time 7:30 AM

Meet Start Time 9:00 AM

### Saturday

Morning Session					
Girls	Min	Event	Age	Min	Boys
1		200 Free	15&O		2
3		200 Free	10&U		4
5		25 Free	8&U		6
7	5:38.09	400 IM	Open	5:31.99	8
9		100 IM	10&U		10
11		50 Free	15&O		12
13		50 Free	10&U		14
15		100 IM	8&U		16
17	2:37.09	200 Back	Open	2:33.79	18
19		50 Back	10&U		20
21		100 Breast	15&O		22
23		100 Breast	10&U		24
25		25 Breast	8&U		26
27		100 Fly	15&O		28
29		100 Fly	10&U		30
31	Deck	200 Medley Mixed Relay	Deck		
	Entered	100 Medley mixed Relay 8&U	Entered		32
33	6:09.29	500 Freestyle	Open	6:04.69	34

Afternoon session will not begin before 12:30 pm

Afternoon warm-up begins immediately following AM session

Afternoon Session					
Girls	Min	Event	Age	Min	Boys
35	5:38.09	400 IM	Open	5:31.99	36
37		200 Free	11-12		38
39		200 Free	13-14		40
41		100 IM	11-12		42
43		50 Free	11-12		44
45		50 Free	13-14		46
47		50 Back	11-12		48
49	2:37.09	200 Back	Open	2:33.79	50
51		100 Fly	11-12		52
53		100 Fly	13-14		54
55		100 Breast	11-12		56
57		100 Breast	13-14		58
59	Deck	200 Medley Relay	11-12		
	Entered	Mixed Relay	13-14		

Do not enter Open events with NT

A swimmer may swim an open event only once

Swimmers in the 500 and 1650 Freestyle events must provide their own timers and lap counters

The 1650 Freestyle events will swim fastest to slowest alternating girls and boys

8 and under swimmers must choose to swim as 8 & under OR 10 & under, not any combination thereof.

**ENTER SHORT COURSE YARD TIMES**

OASIS will comply with the 4 Hour Rule

Warm Up Time 7:30 AM

Meet Start Time: 9:00 am

### Sunday

Morning Session					
Girls	Min	Event	Age	Min	Boys
60		200 IM	15&O		61
62		200 IM	10&Un		63
64		25 Fly	8&Un		65
66		100 Back	15&O		67
68		100 Back	10&U		69
70		25 Back	8&U		71
72	2:57.69	200 Breast	Open	2:52.99	73
74		50 Breast	10&U		75
76		100 Free	15&O		77
78		100 Free	10&U		79
80		50 Free	8&U		81
82	2:39.69	200 Fly	Open	2:38.29	83
84		50 Fly	10&U		85
86	Deck	200 Free Mixed Relay	Deck		
	Entered	100 Free mixed Relay 8&U	Entered		87
88	21:41.69	1650 Free	Open	21:35.89	89

Afternoon session will not begin before 12:30 pm

Afternoon warm-up begins immediately following AM session

Afternoon Session					
Girls	Min	Event	Age	Min	Boys
90		200 IM	11-12		91
92		200 IM	13-14		93
94		100 Back	11-12		95
96		100 Back	13-14		97
98		50 Fly	11-12		99
100	2:39.69	200 Fly	Open	2:38.29	101
102		100 Free	11-12		103
104		100 Free	13-14		105
106		50 Breast	11-12		107
108	2:57.69	200 Breast	Open	2:52.99	109
110	Deck	200 Free	11-12		
	Entered	Mixed Relay	13-14		

Relays will be run, time permitting

200 Free and 200 Medley

Mixed relays may be any combination of age or gender in that session.

8 and under mixed relays (100 free and 100 medley) may be any combination of girls and boys in that session.